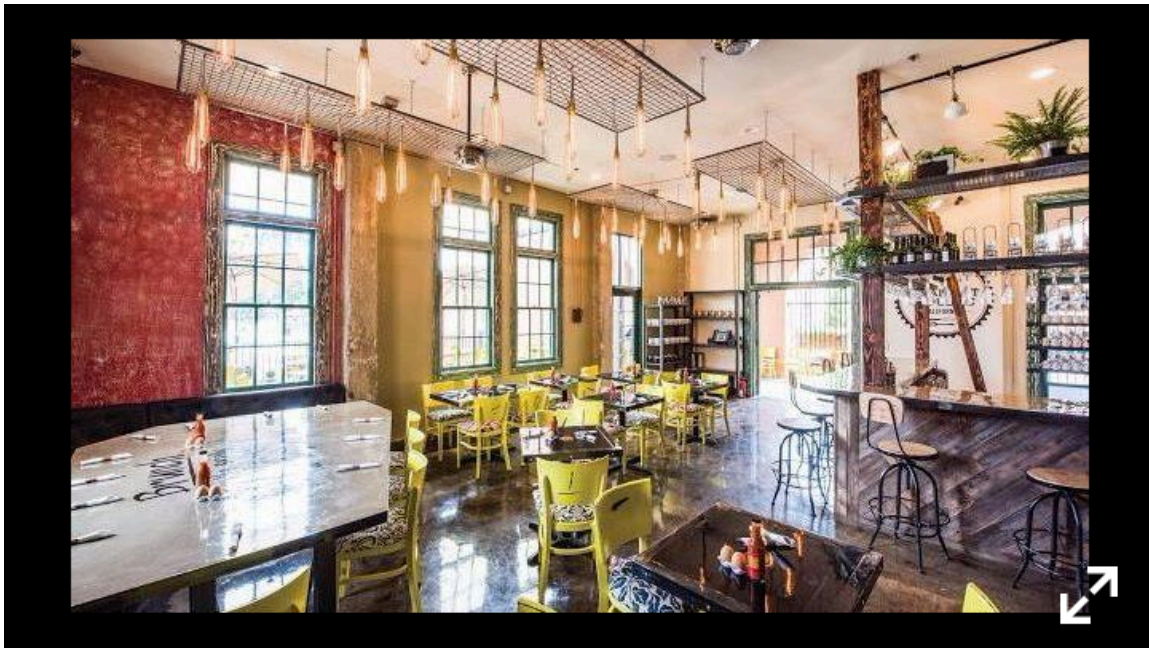


October openings: 16 new restaurants for fall

Breakfast Republic, Carmel Valley

Breakfast Republic is known for its quirky breakfast items like cinnamon roll pancakes. Swedish-born restaurateur Johan Engman, of San Diego-based Rise & Shine Restaurant Group, opened his sixth location of this fast-growing San Diego-based chain last weekend in Carmel Valley's Pacific Highlands Ranch shopping center. 6025 Village Way, Suite F101, Carmel Valley. breakfastrepublic.com



San Diego's sixth Breakfast Republic opened last weekend in Carmel Valley. (Breakfast Republic)

Cloak + Petal, Little Italy

A Japanese concept slated to open in late October, Cloak + Petal will serve authentic Japanese fare served in an izakaya-style setting. The 7,500-square-foot location (formerly occupied by Entrada Mexican) has been revamped into a dining room with a crudo and sushi bar and a cocktail bar serving Japanese beers and sake. 1953 India St., Little Italy. cloakandpetal.com

Fishmonger's Market, Mission Hills

On Oct. 3, Chef/owner Frank "Frankie the Bull" Terzoli opened this European-style sustainable fish market and seafood bar inside the 57 Degrees wine retail and storage complex. Menu specialties include lobster salad, Florida grouper sandwiches, paella and maple-glazed Alaskan halibut. 1535 Hancock St., Mission Hills. (619) 234-5757 or fiftysevendegrees.com

Himitsu, La Jolla

Earlier this week, Himitsu opened in the 30-seat space formerly occupied by Porkyland in La Jolla. A joint venture between the owners of The Taco Stand and restaurateur Edo Kobayashi, Himitsu serves elevated Japanese food, including nigiri, sushi and izakaya-style tapas prepared by Chef Mitsu Aihara (formerly of Sushi Ota). Open for dinner Mondays-Fridays only. 1030 Torrey Pines Road, La Jolla. himitsusd.com



Himitsu, a Japanese seafood restaurant overseen by former Sushi Ota chef Mitsu Aihara, opened this week in La Jolla. (Himitsu)

Nautilus Tavern, La Jolla

Leigh Gibson and Mike Garcia, owners of Pillbox Tavern in Solana Beach, will introduce this new bar-and-grill eatery in La Jolla later this month. Nautilus has two patios and a coastal-chic décor. The menu is billed as coastal American cuisine, and the bar serves 30 craft beers and cocktails. 6830 La Jolla Blvd., La Jolla. [facebook.com/nautilustavern](https://www.facebook.com/nautilustavern)

The Taco Stand, North Park

With locations now open in Encinitas, La Jolla and downtown, The Taco Stand will open a fourth location in North Park in late October/early November. Like its sister eateries, the new spot will serve Mexican street fare with Tijuana-inspired décor. 3000 Upas St., North Park. letstaco.com